

# Novel Coronavirus (COVID-19) Safe Workplace



## Symptoms

(Symptoms may appear 2-14 days later)



**COUGH**



**SHORTNESS OF BREATH or  
BREATHING DIFFICULTIES**



**FEVER**  
(high temperature)

## Prevention



**WASH**

hands with water and soap/  
sanitiser, at least 20 seconds



**COVER**

your mouth and nose with  
your elbow, tissue or sleeve  
when coughing or sneezing  
and discard tissue



**AVOID**

touching eyes, nose, or  
mouth with unwashed hands



**CLEAN**

and disinfect frequently  
touched objects and surfaces

## Infection



**STAY AT HOME**



**AVOID**

contact with others



**COVER**

your mouth and nose with  
your elbow, tissue or sleeve  
when coughing or sneezing  
and discard tissue



**CLEAN**

and disinfect frequently  
touched objects and  
surfaces



**MASK**

Wear a surgical mask



## Are you at risk or infected?

I've been to an affected region in the last 14 days and I **HAVE symptoms**

1. Stay away from other people
2. Phone your GP without delay

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and I **HAVE symptoms**

1. Stay away from other people
2. Phone your GP without delay