Novel Coronavirus (COVID-19)

Safe Workplace



Symptoms

(Symptoms may appear 2-14 days later)





SHORTNESS OF BREATH or **BREATHING DIFFICULTIES**

Prevention



(high temperature)

WASH

hands with water and soap/sanitiser, at least 20 seconds



COVER

your mouth and nose with your elbow, tissue or sleeve when coughing or sneezing and discard tissue



AVOID

touching eyes, nose, or mouth with unwashed hands



CLEAN

and disinfect frequently touched objects and surfaces



DISTANCING

of 1.5m from others

Infection



STAY AT HOME



AVOID

contact with others



COVER

your mouth and nose with your elbow, tissue or sleeve when coughing or sneezing and discard tissue



CLEAN

and disinfect frequently touched objects and surfaces



MASK

Wear a surgical mask



Are you at risk or infected?

I've been to an affected region in the last 14 days and I <u>HAVE</u> symptoms

- 1. Stay away from other people
- 2. Phone your GP without delay

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and I <u>HAVE</u> symptoms

- 1. Stay away from other people
- 2. Phone your GP without delay

